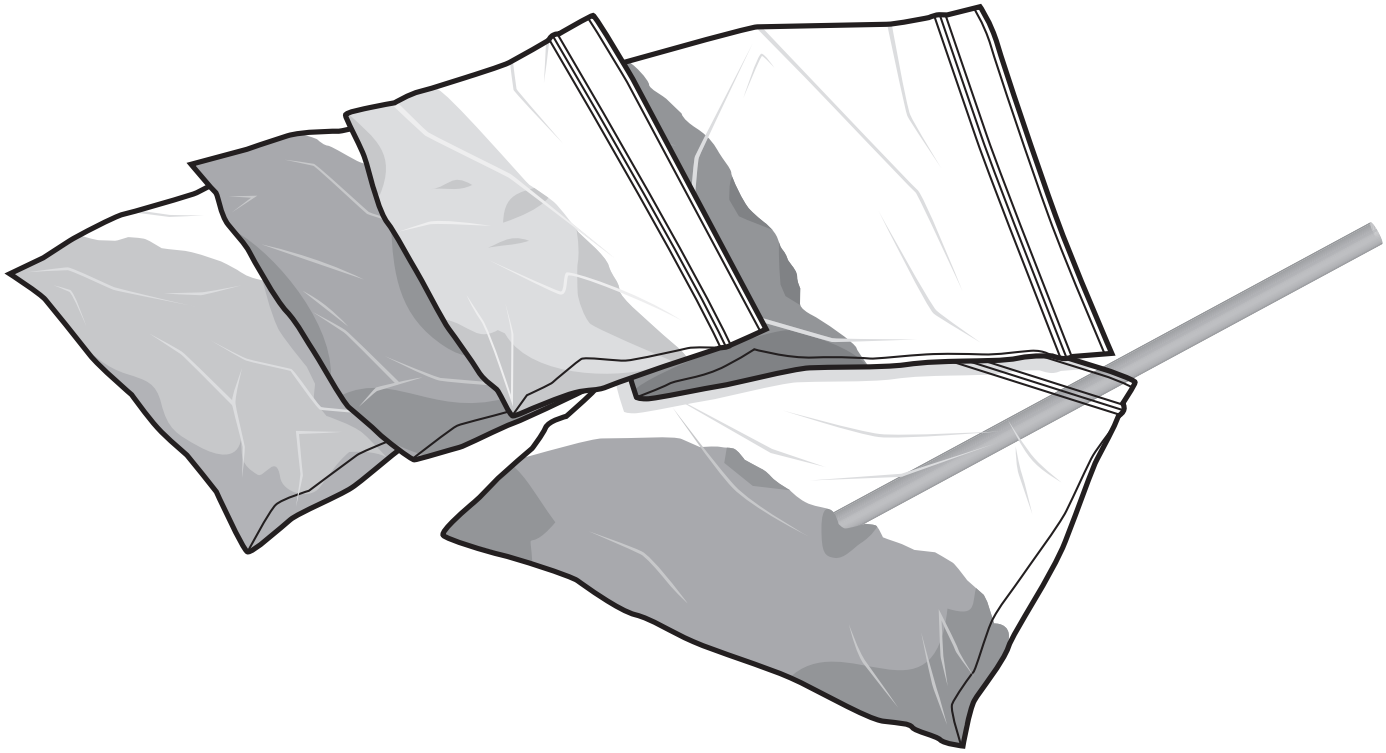


Snack Directions



Day 01: Pudding Pouches

Ingredients

- Pudding mix and milk to make $\frac{1}{2}$ cup serving per child

Space Sipper Drink Ingredients

- Juice bags or juice boxes with straws, preferably ones that are shiny and metallic looking, 1 per child

Basic Supplies

- Sandwich-size zippered baggies, 1 per child
- Bowls for making pudding
- Mixing spoons
- $\frac{1}{2}$ cup measuring cup
- Straws
- Napkins

Pre-Prep

1. Make pudding according to package directions.
2. Measure $\frac{1}{2}$ c. pudding and place in a zippered baggy.
3. Press most of the extra air out before sealing the baggy.
4. Prepare the rest of the pudding following steps 2 and 3.

Teaching Tie-In

Show the sample snack and say:

In a minute, you are going to “write” letters on your pudding pouch. Writing letters reminds me of scribes.

Have you ever heard of scribes? Scribes were people who lived long ago before we had copy machines or computers. Documents had to be

Snack Directions

copied by hand during their time. Scribes copied the Old Testament part of the most important book of all—the Book of books, the Bible. As they copied the Old Testament books of the Bible, they took their work very seriously, following strict rules for copying.

- They had to bathe before they were allowed to start their work each day.
- No word or even letter could be written from memory. They had to say each one out loud as they copied it.
- Before a scribe wrote the name of God, he had to clean his pen off and dip it in ink.
- Scribes counted everything they wrote down. In fact, the word *scribe* means “to count.” Every word and letter was counted to make sure that not even one was missing.
- If a scribe made a mistake, he tore up the whole page and started over.
- If a king spoke to a scribe while he was copying the name of God, the scribe was not allowed to look at the king.

Just as the scribes wrote letters long ago, take a minute now to write some letters on the outside of your pudding pouch. Then you can suck out the pudding like astronauts do, so the food won't float all over the place.

Pray.

Class Time Directions

1. Children use their fingers to trace letters on the zippered baggies.
2. After they have had time to do so, children use straws to suck pudding out of the pouches, eating it “astronaut style.”

Tip Corner

- An alternative idea is to put the pudding on a small paper plate for each child and “write” letters using the straw.
- Other items that can be substituted for “writing” include pretzel sticks and carrot sticks with ranch dressing.
- If desired, substitute gelatin for pudding.
- A 4.6 oz. package of pudding makes about six ½ cup servings.
- A 6 oz. package of gelatin makes about eight ½ cup servings.
- Caution kids not to squeeze the baggies too hard to avoid breakage.
- Leaders may need to help kids with their drink straws.
- Tang, the official drink of astronauts, can be substituted any day this week for the drink.

Super Simple Idea

Buy premade pudding or gelatin cups. Kids can “write” on the tops of the pudding or gelatin with straws. Then they suck it through the straws, as astronauts do.